

Thinking Through Writing

A ONE-DAY WRITING WORKSHOP WITH KATHLEEN BARRY

The mind-body split that pervades our culture assumes that our thinking takes place first in our minds and then is expressed in speech or writing. In Kathleen's experience, writing itself *is* thinking, and she knows that everyone has this potential.

Thinking Through Writing

In this new **Thinking Through Writing** workshop, you will gently detach yourself from conventional wisdom about writing and the mind. Through exercises you will allow your subconscious to begin making its own connections, engaging your awareness and feeding your thinking. The distinction between left brain logic and right brain creativity will disappear and writing in its fullness will become much more than a sum of its parts.

Kathleen on the process: "Whether it's in books or articles, it is as if my hand when holding a pen over paper (or hands over computer keys) thinks through the issue before me. New insights arrive through my pen and then beckon more questions, other thoughts. And later I realize that time, and therefore expectations, have been suspended while I was writing."

Join Kathleen for a day of **Thinking Through Writing**.

Bring questions, problems, subject matter you want to explore, or choose from a list of subjects Kathleen will make available. You may want to write about personal questions, about how to overcome a particular personal problem, how to understand something that you find confusing or that eludes you, or about social and political problems. It's up to you.

Beginning with writing exercises to free up your spirit and mind, you'll leave at the end of the workshop with a finished piece of writing. And you'll take home with you a new approach to writing and thinking.



Kathleen Barry, feminist sociologist and Professor Emerita of Penn State University, is the author of five books, including **Female Sexual Slavery** which launched a global movement against trafficking in women, and **Unmaking War, Remaking Men**, a new approach to peace through disabling the masculinity of war. In speaking about each of these books, Kathleen has said "I did not set out to write a book on that subject. Instead I sat down to write about something I did not fully understand, and each time, the writing kept opening to more questions, new insights. I had to see it through."

To hold a workshop: Gather around 15 people and find a location which could be a living room large enough for us, a clubhouse or community center. The program fee is \$70 per person. To book call 707-328-4290 or email: unmakingwar@gmail.com. I am pleased to work with anyone who wants to initiate a program in planning location, promotion or invitations. See www.kathleenbarry.net